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Southern African Hypertension Society - Tribute to Honorary Board Member Prof Yackoob Seedat

It is with deep sadness that the Southern African Hypertension Society mourns the passing of Professor Yackoob Seedat and extends its deepest condolences to his family, friends, colleagues, and students. He was a cherished colleague, a dear friend, and an enduring source of inspiration to all who had the privilege of learning from and working with him.



The Southern African Hypertension Society records with deep respect and gratitude the life and legacy of **Professor Yackoob Seedat**, an internationally renowned physician, scholar, teacher, and leader in medicine, whose contributions, particularly in the fields of hypertension and renal medicine, have left an enduring mark on South African and global healthcare.

Prof. Seedat was professor and head of medicine at the University of Natal from 1978 to 1994; professor of medicine (research) at the University of Natal from 1995 to 1999; and is emeritus professor of medicine at the University of KwaZulu-Natal. Through these roles, he shaped generations of clinicians and researchers, combining intellectual rigour with an unwavering commitment to excellence and service.

Prof. YK Seedat academic achievements and professional honours reflect a career of extraordinary breadth and impact. He held numerous fellowships and distinctions, including: OMSS, MD (NU Ire); PhD (Med Sci) (hc) (UDW); MD (hc) (UFS); Hons FCM (SA); FRSSAF; FRCP (London); FRCP (Ire); FACP; FCP(SA); FACC; FCCP; FACA; FICA; FICN; FCPS (Pak); Fellow of the University of KwaZulu-Natal, among many others.

Prof. Seedat has received several awards over the years, including the State President's Order for Meritorious Service, 1990; Doctor of Philosophy (honoris causa) from the University of Durban-Westville, 18 May 1991; Doctor of Medicine (honoris causa), University of Free State, 2004; Honorary Fellowship, College of Medicine of South Africa, October 1998; Silver Award for Research and Teaching, Medical Association of South Africa, 1994; the South African Medical Association Gold Medal honour for leadership and outstanding contribution in the field of medicine, November 2003; illuminated citation, Golden Jubilee Award from the Colleges of Medicine of South Africa, October 2005; the South African Medical Association Merit Award for Extraordinary Service in Medicine, September 2007; and the South African Medical Association Chairman's Award, 2010. He has authored publications, mainly on hypertension and renal medicine, in medical journals (362) and chapters in books (38), and has presented 357 papers at (127) international and (230) national congresses and societies. Prof. Seedat was a member and office-bearer of the following: president, South African Medical Association (2001 to 2002); executive member, Colleges of Medicine of South Africa, 1989 to 1995 and 1998 to 2001; chairman, Faculty of Physicians, College of Medicine of South Africa, 1992 to 1995. In these positions, he was known for principled leadership, integrity, and tireless advocacy for medical standards and education.

Professor Y.K. Seedat will be remembered not only for his remarkable intellect and achievements, but also for his dedication to mentorship, ethical practice, and the advancement of healthcare in South Africa and beyond. The Southern African Hypertension Society honours Professor Seedat's extraordinary legacy, one that will continue to inspire and guide future generations to do science ethically, practise medicine at the highest level, and care for patients with dignity and kindness.