





FORMAT

Dynamic eLearning in the form of interactive lessons and practice available at your pace by phone, tablet, or computer



TOPICS

Lessons by global experts comparing leading guidelines to screen, prevent, and manage risk factors for today's major preventable diseases.

AUDIENCE

Primary care providers including clinicians, nurses, and internists, as well as young professionals in medical specialities.





RECOGNITION

A certificate from the American College of Cardiology (ACC) recognizing your knowledge of course topics and commitment to disease prevention.

The First Course

CVD & STROKE PREVENTION

- Explore the City of Lifestyle to refresh your understanding of healthy habits and how to promote them in patients.
- Compare guidelines and tools from the ACC, ESC, and other prominent organizations in CV medicine for risk stratification and lipids management.
- Play Diates Trivia! to test your understanding of this complex cardiovascular disease comorbidity.
- Analyze and evaluate the differences between guideline recommendations to measure and lower blood pressure.
- Distinguish between the different etiologies of stroke.
- Learn the latest evidence and measures regarding the use of aspirin for primary prevention.

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